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[Helping Julie the manager become a leader](#)

Julie is known to remain calm when emotions are riding high, can cut through the complexity and see issues that others just can't see. She takes bigger perspectives than most. She's offers a great deal of wisdom. Overall these characteristics are admired by others and she's aware of this.

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[Using Cognitive and Personality Assessments Together Improves Employee Selection](#)

One of the primary tasks of leadership is to accurately and effectively allocate an organisation's resources to achieve the strategy. This requires leaders to make informed decisions that will determine the group's success or failure.

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Adaptive Leadership

Adaptive leadership is the practice of mobilising members of a team to adapt, learn and grow into the change required to attain the high performance necessary for success. Here's six tips for team leaders to consider in transforming the team to higher performance.

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Channel Your Inner ER Doctor to Banish Being Bus

If you are a busy executive who craves more hours in the day to get work done, then it's high time you become like an emergency room doctor and banish your busy mindset for good. Instead, adopt a ready state of mind so that you can bring your best self to work every day.

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Five steps to D.O.S.E. on Happy Chemicals and become more Productive at Work

As the COVID-19 pandemic and its implications continue to unfold globally, in Australia and in our community, it's normal for people working at home to experience a wide range of thoughts, feelings and emotions such as feeling stressed, anxious, worrisome or fearful. Emotions that are not necessarily helpful to being at your best.

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